What is a school psychologist and a school social worker?

School psychologists and school social workers are professionals who provide services to all children from birth to the end of their secondary school education. The goal of the school psychologist and the school social worker is to promote the well-being of the whole child - physical, social, emotional, cognitive, and educational.

School psychologists in Calvert County are certified by the Maryland State Department of Education which requires a minimum of sixty graduate credits. In addition, school psychologists complete a 1,200-hour internship under the direction of an institution of higher education with an approved program in School Psychology. Calvert County school psychologists are involved in continuing education programs through their professional organizations and earn Nationally Certified School Psychologist status through the National Association of School Psychologists.

School social workers are trained mental health professionals with a degree in social work who provide services related to a person’s social, emotional, and life adjustment to school and/or society. School social workers are the link between the home, school, and community in providing direct as well as indirect services to students, families, and school personnel to promote and support students’ academic and social success.
What do Calvert County school psychologists and school social workers do?

For Students:
- Provide crisis intervention
- Assess learning styles, abilities, adaptive skills, and emotional status
- Determine strengths and interests
- Provide individual and group counseling
- Teach social skills
- Provide support and training for peer mediation groups
- Serve as a student advocate
- Provide intervention services to students in crisis
- Meet with students and families to assist in problem solving
- Prepare a social developmental history for a child with a disability
- Work with those problems in a child’s living situation that affect the child’s adjustment in school
- Arrange guest speakers to address topics like drug use, suicide, etc.

For School Staff:
- Collaborate to improve school climate, facilitate academic achievement, and increase an understanding and appreciation of individual differences
- Provide consultation services
- Serve as a resource for information about topics in the field of psychology and social work
- Participate as a member of school teams

For School Staff (continued):
- Conduct in-service programs and workshop presentations
- Provide support to the Positive Behavior Interventions and Supports (PBIS) efforts as coaches and team members
- Arrange guest speakers for professional development

For Families and the Community:
- Share information on topics such as child development, behavior management, building self-esteem, learning styles, peer relationships, teaching responsibility, and helping children become successful students
- Interpret results of assessment data and provide recommendations and interventions to assist in educational programming
- Consult with family members to develop strategies and interventions to address specific concerns and needs
- Provide information to families about referral services in the community
- Coordinate service needs and recommendations between community mental health providers and school personnel
- Provide workshops for families
- Parent training
- Home visits

What is the role of school psychologists and school social workers on Student Services Teams?

School psychologists and school social workers collaborate with other staff as members of their school’s Student Services Team. The members of this team establish yearly goals which support the School Improvement Plan. School psychologists and school social workers collaborate with other team members in their efforts to find strategies and services to assist students who are referred to the team. The team accepts referrals from families of students, members of the school staff, and, on occasion, from the students themselves. In addition to providing services to individual students, the Student Services Team may also develop programs or service delivery models that might assist specific groups of students or serve the needs of the entire school population. School psychologists and school social workers play an integral role in designing and implementing interventions to help students succeed in school.

How can you contact your school psychologist and school social worker?

The administrators or school counselors at each school can assist you to arrange a meeting with the school psychologist and/or school social worker assigned to their school. All Calvert County school psychologists and school social workers can also be reached by phone at 443-550-8460 in the Department of Student Services at the Board of Education.