

Elementary School Breakfast & Lunch Menu

Breakfast: \$1.65 Reduced: \$0.30

Elementary School Lunch: \$2.65 Reduced: \$0.40

Milk 1/2 pint: \$0.55

Menu subject to change due to availability of food

Add funds to a student's account or view balance & purchases at:

www.myschoolbucks.com

February 2017

Lunch Meals also include baby carrots, salad cup, milk & fruit.

Weekly Alternate	Mon	Tue	Wed	Thu	Fri
Weekly Alternate Pizza Crunchers w/Sauce			1 Popcorn Chicken* or Weekly Alternate Potato Smiles Breakfast: Oatmeal Chocolate Chip Breakfast Bar, Assorted Fruit, Milk	2 Taco Salad w/Chips* or Soft Beef Taco* NO ALTERNATE ENTRÉE TODAY Black Beans or Golden Corn Breakfast: Pancakes w/Syrup, Assorted Fruit, Milk	3 Fish Nuggets* Weekly Alternate Green Beans Breakfast: Yogurt, Graham Crackers, Assorted Fruit, Milk
Weekly Alternate Popcorn Chicken w/Goldfish Grahams	6 Steak & Cheese on Bun* or Weekly Alternate Baked Beans Breakfast: French Toast Sticks w/Syrup, Assorted Fruit, Milk	7 Cheese Dippers w/Sauce* or Weekly Alternate Green Beans Breakfast: Pancake Jiffy w/Syrup**, Assorted Fruit, Milk	8 Open Faced Turkey Sandwich* or Weekly Alternate Mashed Potatoes w/Gravy Breakfast: Sweet Potato Chocolate Chip Muffin Top, Assorted Fruit, Milk	9 Macaroni & Cheese* or Weekly Alternate Oven Roasted Calif. Blend Veggies Breakfast: Mini Cream Cheese Filled Bagels, Assorted Fruit, Milk	10 Upside Down Day! Sausage and Pancakes* or Weekly Alternate Country Seasoned Potatoes Breakfast: Pop-tart w/Graham Crackers, Assorted Fruit, Milk
Weekly Alternate Cheeseburger on Bun	13 Stacked Ham on Bun* or Weekly Alternate Potato Rounds Breakfast: Cinnamon Bun, Assorted Fruit, Milk	14 Grilled Cheese Sandwich* or Weekly Alternate Cheesy Broccoli Breakfast: Oatmeal Chocolate Chip Breakfast Bar, Assorted Fruit, Milk	15 Corn Dog or Weekly Alternate* Seasoned Potato Wedges Breakfast: Breakfast Pizza, Assorted Fruit, Milk	16 Taco Salad w/Chips* or Soft Beef Taco* NO ALTERNATE ENTRÉE TODAY Black Beans or Golden Corn Breakfast: Pancakes w/Syrup, Assorted Fruit, Milk	17 2 Hr. Early Dismissal Today! Mozzarella Cheese Sticks w/Sauce* or Weekly Alternate Green Beans Breakfast: Yogurt, Graham Crackers, Assorted Fruit, Milk
Weekly Alternate Chicken Patty on Bun	20 No School Staff Development Day	21 Hot Dog on Bun or Weekly Alternate* Potato Smiles Breakfast: Pillsbury Frudel, Assorted Fruit, Milk	22 Assorted Pizza* or Weekly Alternate Golden Corn Breakfast: Sweet Potato Chocolate Chip Muffin Top, Assorted Fruit, Milk	23 Cheesy Lasagna Twist* or Weekly Alternate Green Beans Breakfast: Pancake Jiffy w/Syrup**, Assorted Fruit, Milk	24 Rib-b-que on Bun or Weekly Alternate* Potato Rounds Breakfast: Pop-tart w/Graham Crackers, Assorted Fruit, Milk
Weekly Alternate Cheese Dippers w/Sauce	27 Orange Chicken w/Rice* Weekly Alternate Broccoli Breakfast: Oatmeal Chocolate Chip Breakfast Bar, Assorted Fruit, Milk	28 Upside Down Day! Sausage and Pancakes* or Weekly Alternate Country Seasoned Potatoes Breakfast: Breakfast Pizza, Assorted Fruit, Milk	<p><i>This institution is an equal opportunity provider.</i></p> <p>Fuel your mind. Nourish your body.</p> <p>Child Nutrition Program Calvert County Public Schools</p> 		

Did you know that the following are included with your student's lunch meal?

- Fresh baby carrots and salad cups offered daily*
- Fat free chocolate milk (TruMoo Brand) and 1% white milk offered daily
- Assorted fruit choices are available daily and may consist of: Peaches, Fresh Apple Slices, Pears, Fresh Oranges, Mixed Fruit, Pineapple, Fresh Strawberries, Mandarin Oranges, Blueberries Craisins (Dried Cranberries) and/or Applesauce
- Whole grains - All of our Breads, Crackers, Waffles, Cereals, Pizza Crust, Breadding, Pancakes, French toast and even our Pop-tarts are whole grain rich

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Updated 1/12/17