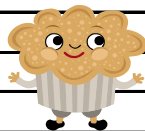


### A la Carte & Meal Prices SY 2016-2017

Meal Prices:	Price	Entrée Items:	Price	Salad:	
Student Breakfast	\$1.65	Stuffed Crust Pizza <i>Whole Grain</i>	\$2.60	Chef Salad w/Meat	3.15
Reduced Price Breakfast	0.30	Corn Dog <i>Whole Grain</i>	1.75	Taco Salad w/Beans & Corn	3.00
Elem. Lunch w/Milk	2.65	Cheese Dippers <i>Whole Grain</i>	2.30	Sm Salad (Staff only)	2.35
Sec. Lunch w/Milk	2.80	Chicken Nuggets (5) <i>Whole Grain</i>	2.30	Salad Cup (Black Container)	0.60
Reduced Price Lunch	0.40	Fish Nuggets (4) <i>Whole Grain</i>	2.30	<b>Fruits &amp; Vegetables:</b>	
		Mac & Cheese (2/3 C) <i>Whole Grain</i>	1.85	Potatoes (Fries, Wedges, etc...)	1.00
<b>Breakfast Items:</b>		Cheese & Yogurt Combo(w/Grahams)	2.25	Carrots, Apple Slices, Raisins, Craisins	0.60
Bagel <i>Whole Grain</i> w/Cream Cheese	1.50	Pizza - 4 x 6 <i>Whole Grain</i>	2.30	Apple Slices (2 Bags) w/Peanut Butter	1.50
French Toast/Cinnamon Bun <i>Whole Grain</i>	1.30	Pizza - Classic Wedge <i>Whole Grain</i>	2.30	Other Hot Veggie Serving (½ C)	1.00
Choc. Chip Breakfast Bar <i>Whole Grain</i>	1.00	Pizza Crunchers (4) <i>Whole Grain</i>	3.15	Other Fruit Serving (½ C or 1 Ea)	1.00
Waffle Minis/Pancakes <i>Whole Grain</i>	1.30	Mozzerella Cheese Sticks <i>Whole Grain</i>	3.15		
Pancake Jiffie <i>Whole Grain</i>	1.30	Chicken Poppers (12) <i>Whole Grain</i>	2.30	<b>Snack Items:</b>	
Breakfast Pizza <i>Whole Grain</i>	1.30	Chili (1 Cup)	2.50	Ice Cream, Low-Fat	0.70
Sausage Patties (2)	1.30	Bowl Meals	3.50	Snacks (Pre-Packaged)	0.75
Pillsbury Frudel <i>Whole Grain</i>	1.30	All Other Entrees	2.20	Soft Pretzel, Whole Grain	0.70
Muffin (Assorted 2 oz.) <i>Whole Grain</i>	0.70	Holiday Meal - Adults	4.00	Yogurt - 4 oz., Fat-Free	0.85
Muffin Top <i>Whole Grain</i>	1.00			Cocoa Cherry Bars, <i>Whole Grain</i>	1.00
Donut <i>Whole Grain</i>	1.25			Graham Crackers, <i>Whole Grain</i>	0.40
Bagel/Cereal/Pop-Tart <i>Whole Grain</i>	1.00			Cookie - Single, <i>Whole Grain</i>	0.50
				Cupcake, <i>Whole Grain</i>	0.85
<b>Beverages:</b>				Rice Krispie Treat, <i>Whole Grain</i>	1.00
Capri Sun <i>100% Juice</i>	0.75			Hostess Mini Muffins, <i>Whole Grain</i>	1.25
Bottled Water - 16.9 oz.	1.25			Beef Jerky, Low-Fat	2.50
Bottled Water - 8 oz.	0.60			<b>Other:</b>	
Other Drinks - can/bottle	1.25	<b>Sandwiches:</b>	<b>Price</b>	Cream Cheese/Dressing	0.55
Fruit Juice - 4 oz. <i>100% Juice</i>	0.60	Deli Sandwiches & Wraps	2.25	Peanut Butter (1 oz.)	0.55
Ice Coffee ( <b>H.S. Only</b> ) <i>Decaf, Sugar-Free</i>	1.50	Clux Deluxe Slider	1.50	String Cheese	1.00
Milk - 1/2 pint	0.55	Clux Deluxe	3.00	Roll or Biscuit <i>Whole Grain</i>	0.75
Soy Milk, Vanilla 8 oz.	1.35			Rice (½ C) w/Gravy	1.00



Welcome to  
SY 2016-2017

**Revised 12/22/2016**

To Meet the Dietary Guidelines for Americans, choose a diet with most of the calories from grain products, vegetables, fruits, lowfat milk products, lean meats, fish, poultry and dry beans. Choose fewer calories from fats and sweets. Healthful diets help children grow, develop, and do well in school. They enable people of all ages to work productively and feel their best. Dining is a social grace - Thank you for being our guest. If a student lunch is broken, a la carte prices must be charged.